



# ARMS CARE NEWSLETTER



DECEMBER

# **SHELLEYS NEWSLETTER**

Happy Christmas to everyone!

This month we have been busy making our calendars and Christmas decorations, we have exercised (ready for all that food we will eat) sung our hearts out and played games.

This month we will be enjoying Christmas

parties, singers and pantomimes plus much more to entertain us, (Oh yes we will).

I would like to take this opportunity to thank everyone for all their help this year and I look forward to next year and hope for your valued continued support.

This year as always has been very busy and I list

just a few things we have  
done

Sponsored Walk

VE Party

Cream Teas

Halloween Parties and  
games

Mothers Day Lunches and  
drinks

Silly Hair Day

Caribbean Afternoons

Pirate Afternoon

**Silly Hat Day**

**Duvet Day**

**Chocolate Fountain**

**Afternoon**

**Zoo lab**

**Outings to the Pub**

**Snettisham Park Farm**

**Circus**

**Seaside Special Show**

**Sandringham Estate**

**Beach**

**Chalk Farm**

**Sharman's Garden Centre**

**Bingo**

**The list is endless, and we will be just as busy in the New Year.**

**Please check dates on the individual notice boards for any up and coming events.**

**Once again I thank you all and wish you all a very Merry Christmas and Happy New Year.**

# Love Shelley xx

## **JOKES OF THE MONTH**

I came home to find someone had smashed my doors in and everything had gone. What kind of person does something like that to an advent calendar?

Mary said to Joseph: "Put the rubbish out love." "I can't," he replied. "It's Christmas – there's no room in the bin."

How do snowmen get around?

They ride an icicle.

## BIRTHDAYS

### DOCKING

Brian 16<sup>th</sup>

Rosie 21<sup>st</sup>

John W 21<sup>st</sup>

Peter 21<sup>st</sup>

Sheila 26<sup>th</sup>

Rosina 31<sup>st</sup>



## NORFOLK LODGE

Doris 19<sup>th</sup>

Nancy 29<sup>th</sup>

## LABURNUM LODGE

Jean 12<sup>th</sup>

## TERRINGTON LODGE

Patricia 1<sup>st</sup>

Violet 7<sup>th</sup>

# SUMMERSVILLE HOUSE

Jackie (Jacqueline) 2<sup>nd</sup>

Coral 19<sup>th</sup>

Michael 21<sup>st</sup>

Greta (Pam) 22<sup>nd</sup>

## DIARY DATES

Cinderella and Beauty and  
the Beast Pantomimes

Sporting Chance

Hand bells

Salvation Army

Christmas Parties

Hairdresser

Extend Exercise

Plus all our other in house  
entertainment

Singing

Church

Dancing

Craft etc

Please check individual  
notice boards in homes for  
dates and times.