

ARMSCARE

NEWSLETTER

FEBRUARY

SHELLEY'S NEWSLETTER

Well that's one cold month out of the way, and it wasn't so bad.

Last month some of us enjoyed the music of Richard Lowe, who came with his guitar and sang to us.

We also enjoyed Western afternoons, silly hat days, summertime in winter and a chocolate fountain afternoon.

This month we have wacky hair days, Valentine Specials, pancake flipping, cream teas and luncheons so we all will be busy. Please remember to look at individual notice boards.

Well must go now

Love Shelley xx

JOKES OF THE MONTH

"So I rang up my local swimming baths. I said 'Is that the local swimming baths?' He said 'It depends where you're calling from.'"

"So I rang up a local building firm, I said 'I want a skip outside my house.' He said 'I'm not stopping you.'"

"Apparently, 1 in 5 people in the world are Chinese. And there are 5 people in my family, so it must be one of them. It's either my mum or my dad. Or my older

brother Colin. Or my younger brother Ho-Chan-Chu. But I think it's Colin."

BIRTHDAYS

Summerville House

Maria 5th

Norfolk Lodge

There are no birthdays this month

Laburnum Lodge

**Doreen R 29th Our Leap
Year Lady**

Terrington Lodge

Barry 5th

Docking House

David 13th

Sandra 17th

Muriel 26th

DIARY DATES

Wed 10th Wacky Hair
Afternoon and Valentine
Special 1.30pm (Docking
House)

Sun 28th Mothers Day Three
Course Lunch 12 noon
(Laburnum Lodge) Please
remember to book your meal
in advance

Valentine Special Afternoons
See notice board for individual
dates

Sporting Chance (All homes)

Sun 28th Mothers Day Lunch

12 noon. Please pre book
your meal (Laburnum Lodge)

Extend Exercise (All homes)

Pancakes Flipping (All homes)

Painting

Hairdresser (All homes)

Pet therapy

Singing

Manicures and Hand

Massages

Craft

Quiz

Plus all our other in house
entertainment.