



ARMS CARE
NEWSLETTER
JANUARY



SHELLEY'S NEWSLETTER

Well what a fun packed December we have had our pantomimes singers, and of course we must not forget our Christmas Parties.

The parties were fantastic fun with all our guest singers singing some super songs. We all had a good dance and sing song and well done to all the staff that joined in. The food was great and I'd like to take this opportunity to thank everyone for all the hard work preparing it all. Thanks also to all the friends and relatives who came to enjoy the afternoons with us.

This month we have an Western
Afternoon when you can dress as
your favourite cowboy or Indian,
Silly Hat afternoon, chocolate
fountains, a Summer Afternoon in
January where you can wear your
shorts and flip flops and singers,
Please keep your eyes on the
individual notice boards for all future
events, at your home

Must go now love Shelley x

JOKES OF THE MONTH

A computer once beat me at chess, but it was no match for me at kick boxing.

As long as there are tests, there will be prayer in schools.

What did one ocean say to the other ocean? Nothing, they just waved.

A day without sunshine is like,
night.

Born free, taxed to death.

For Sale: Parachute. Only used
once, never opened.

A bank is a place that will lend
you money, if you can prove
that you don't need it.

What is faster Hot or cold? Hot,
because you can catch a cold.

BIRTHDAYS

Terrington lodge

Joyce 25th

Norfolk lodge

Janice 10th

Maisie 21st

LABURNUM LODGE

JOSEPHINE 4TH

DOCKING HOUSE

ROSETTA 6TH

EDWARD 25TH

MILDRED 26TH

SUMMERVILLE HOUSE

DOREEN 1ST

ROSE 3RD

ALEX 31ST

DIARY DATES

Wed 6th Chocolate Indulgence
Afternoon 1.30pm Terrington
Lodge

Tues 12th Silly Hat day Sing
along 2pm Norfolk Lodge

Thurs 14th Richard Lowe
Entertains 2pm Norfolk
Lodge

Fri 15th Richard Lowe
Entertains 2pm Docking
House

Wed 20th Richard Lowe

Entertains 2pm Summerville
House

Fri 22nd Western Day Sing

Along 2pm Laburnum Lodge

Mon 25th Richard Lowe

Entertains 2pm Terrington
Lodge

Thurs 28th Summer Theme

Day 1.30pm

Fri 22nd Western Afternoon
plus sing along

Sporting Chance All Homes

Extend Exercise All Homes

Hairdresser

Plus all our other in house
activities

Hand Massages and Manicures

Games

Sing along

Painting

Craft etc