

ARMS CARE NEWSLETTER JUNE



SHELLEY'S NEWSLETTER

Not a bad May weather wise, I hope you all made the most of it when the sun shining.

Last month we had Zoo Lab visit us, what fun, snakes spiders and rats to name but a few.

Summerville enjoyed a cream tea afternoon.

This month some of us will be cooking and gardening, there

are also a couple of trips planned for some homes, and entertainers, and it is the start for some of us to enjoy our Wimbledon afternoons with strawberries and champagne.

As of writing this newsletter the sponsored walk has not taken place, but I'm sure everyone will do well, and I will report on it next month.

Must go now love Shelley x

JOKE OF THE MONTH

A man went into a restaurant which was offering a fixed-menu, three-course meal. When the waiter brought the first course, the man tasted it and said:

"What is this?"

The waiter replied: "It's bean soup."

The man then said: "I don't care what it's been. What is it supposed to be now?"

BIRTHDAYS

Summerville House

John 2nd

Norfolk Lodge

June S 6th

June D 20th

Terrington Lodge

Brian 24th

Peggy 27th

Docking House

Sally 5th

Joe 14th

George 17th

Alex 18th

Ena 23rd

Laburnum Lodge

There are no birthdays this month

DIARY DATES

Fri 3rd Jokari entertains 2pm
(Laburnum Lodge)

Thurs 9th Norfolk Lavender Outing
2pm (Terrington Lodge)

Wed 15th Snettisham Park Farm
Outing 2pm (Summerville House
and Norfolk Lodge)

Extend Exercise

Hairdresser

Plus all our other in house
activities

Singing

Craft

Painting

Gardening

Games

Cooking